# Numerical Optimization 05: 1st order methods 

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## Overview

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## The choice of descent direction

In the previous chapter, we have talked about the general strategy for optimization is to decide a direction and then use the line search method to obtain a sufficient decrease. Repeating it for many time, we expect to arrive at the local minimum.

$$
x^{k+1}=x^{k}+\alpha^{k} d^{k}
$$

The search direction often has the form

$$
\begin{equation*}
d^{k}=-\left(B^{k}\right)^{-1} \nabla f\left(x^{k}\right) \tag{1}
\end{equation*}
$$

where $B^{k}$ is a symmetric and nonsingular matrix. In some method (e.g., steepest descent), $B^{k}$ is the identify matrix, while in (quasi-) Newton's method, $B^{k}$ is the approximate or exact Hessian.
In this lecture, we will cover the first-order methods which purely rely on the gradient information.

## Gradient descent

An intuitive choice for the descent direction is the direction of steepest descent $\left(g^{k}=\nabla f\left(x^{k}\right)\right.$ ).

$$
d^{k}=-\frac{g^{k}}{\left\|g^{k}\right\|}
$$

If we optimize the step size at each step, we have

$$
\alpha^{k}=\underset{\alpha}{\arg \min } f\left(x^{k}+\alpha d^{k}\right)
$$

Since

$$
\nabla f\left(x^{k}+\alpha d^{k}\right)^{T} d^{k}=0
$$

We know

$$
d^{k+1}=-\frac{\nabla f\left(x^{k}+\alpha d^{k}\right)}{\left\|\nabla f\left(x^{k}+\alpha^{k}\right)\right\|}
$$

It is obvious that the two consecutive directions are orthogonal.

## Conjugate gradient

Gradient descent can perform poorly in narrow valleys. The conjugate gradient method overcomes this issue by doing a small transformation. When minimizing the quadratic functions:

$$
\underset{\alpha}{\operatorname{minimize}}: f(x)=\frac{1}{2} x^{T} A x-b^{T} x
$$

is equivalent to solving the linear equation

$$
A x=b
$$

where $A$ is $N \times N$ symmetric and positive definite, and thus $f$ has a unique local minimum.
When solving $A x=b$, a powerful method is to find a sequence of $N$ conjugate directions satisfying

$$
\left(d^{i}\right)^{T} A d^{j}=0 \quad(i \neq j)
$$

## To find the successive conjugate directions

One can start with the direction of steepest descent

$$
d^{1}=-g^{1}
$$

We then use line search to find the next design point. For quadratic functions $f=\frac{1}{2} x^{T} A x-b^{T} x$, the step factor $\alpha$ can be computed as

$$
\begin{aligned}
\frac{\partial f(x+\alpha d)}{\partial \alpha} & =\frac{\partial}{\partial \alpha}\left[\frac{1}{2}(x+\alpha d)^{T} A(x+\alpha d)+b^{T}(x+\alpha d)+c\right] \\
& =d^{T} A(x+\alpha d)+d^{T} b \\
& =d^{T}(A x+b)+\alpha d^{T} A d
\end{aligned}
$$

Let the gradient be zero,

$$
\alpha=-\frac{d^{T}(A x+b)}{d^{T} A d}
$$

Then the update is

$$
x^{2}=x^{1}+\alpha d^{1}
$$

## To find the successive conjugate directions (continued)

For the next step

$$
d^{k+1}=-g^{k+1}+\beta^{k} d^{k}
$$

where $\beta^{k}$ is a series of scalar parameters. Larger values of $\beta$ indicate that the previous descent direction contributes strongly.
We solve $\beta$, from the followings

$$
\begin{gathered}
d^{(k+1) T} A d^{k}=0 \\
\left(-g^{k+1}+\beta^{k} d^{(k)}\right)^{T} A d^{(k)}=0 \\
-g^{k+1} A d^{(k)}+\beta^{k} d^{(k) T} A d^{(k)}=0 \\
\beta^{k}=\frac{g^{(k+1) T} A d^{(k)}}{d^{(k) T} A d^{(k)}}
\end{gathered}
$$

The conjugate method is exact for quadratic functions. But it can be applied to non quadractic functions as well when the quadratic function is a good approximation.

## To Approximate $A$ and $\beta$

Unfortunately, we don't know the value of $A$ that best approximate $f$ around $x^{k}$. So we choose some way to compute $\beta$.

Fletcher-Reeves

$$
\beta^{k}=\frac{g^{(k) T} g^{(k)}}{g^{(k-1) T} g^{(k-1)}}
$$

Polak-Ribiere

$$
\beta^{k}=\frac{g^{(k) T}\left(g^{(k)}-g^{(k-1)}\right)}{g^{(k-1) T} g^{(k-1)}}
$$

## Comparison between Conjugate Gradient and Steepest Descent



## Summary

- Gradient descent follows the direction of steepest descent
- Two consecutive search directions in gradient descent are orthogonal
- In conjugate gradient, the search directions are conjugate with respect to an approximate hessian.
- Both SD and CG work with the line search method

